



Spiritual Perfection of Adolescents in Single-Parent Families

Shaamirova Yulduzkhan Kabildjanovna

Tashkent University of Applied Sciences

Associate Professor of the Department of Pedagogy,

Candidate pedagogical sciences, acting. Professor:

yulduzshaamirova@gmail.com

Annotation: This article describes the life of teenagers in single-parent families, its problems and the importance of spirituality in solving these problems.

Key words: Loyalty, trust, honorable name, difficulty, material support, spiritual ideal, rivalry, level of education.

Духовная Совершенство Подростков В Неполных Семьях

Аннотация: В данной статье описывается жизнь подростков в неполных семьях, её проблемы и значение духовности в решении этих проблем.

Опорные слова: Верность, доверие, почетное имя, трудность, материальное обеспечение, духовный идеал, соперничество, уровень воспитания.

To'Liqsiz Oilalardagi O'Smirlarning Ma'naviy Barkamolligi

Annotatsiya: Ushbu maqolada noto'liq oilalardagi o'smirlarning hayoti, undagi muammolar va bu muammolarning echimida ma'naviyatning ahamiyati haqida bayon etilgan.

Kalit so'zlar: Sadoqat, ishonch, sharafli nom, qiyinchilik, moddiy ta'minot, ma'naviy ideal, taqlid qilish, tarbiyalanganlik darajasi.

The newlyweds, the loyalty, love, and trust between them, all this is certainly joyful. A newborn baby in this family brings these two young brides and grooms to a new responsible task, that is, to bear the honorable title of parents. Based on this, "husband spirituality", "wife, female spirituality", "groom's spirituality", "bride's spirituality", "boy-daughter spirituality" in the issue of raising teenagers in families concepts such as "spirituality" should be explained.

Unfortunately, in single-parent families, due to the violation of the spiritual environment, conflicts:

- 1) parent-child;
- 2) mother-child;
- 3) child-child types lead.

Parents desperately want their child to grow up mentally, physically, spiritually and morally healthy. What profession the child will have in the future does not leave parents indifferent.



The formation and growth of the child's desires in some sense indicates the beginning of his qualities. Meanwhile, parents compare their child's height, beauty, intelligence, and other characteristics while playing and communicating with peers. But what does the child think about himself and to what extent does he understand himself? Not only parents, but also teachers should not be indifferent to the question of whether he can give a correct assessment of his work.

In single-parent families, both the difficulties of education and the financial support of the family are on the shoulders of either the father or the mother. Divorced women try to provide full opportunities for their children and create all the conditions as possible. However, in order to create such conditions, they are forced to work more at the office, sometimes take the company's work home with them, and as a result, their opportunities for raising children are limited. A single mother or father cannot pay enough attention to their child even if they want to.

In fact, the chairman of the neighborhood assembly, prevention (senior) inspector, assistant to the mayor, women's activist, youth leader, as well as the "Smart Women" movement and other officials are responsible for the spirituality and education of children growing up in single-parent families. -before dealing with their education, it is necessary to know a number of reasons that directly harm their activity in society. Including

1. Samples of pornographic, erotic works, ideologically misleading films against national morals are entering Uzbekistan from Western and European countries.
2. The abundance of telenovelas, movies and TV shows that promote an easy life, the priority of the need for wealth, and the presence of prostitution.
3. Non-restriction of commercial activities promoting alcoholism, freedom of sale of alcohol products.
4. Inadequate education of employees working as specialists in the organizations of the neighborhood citizens' assembly;
5. The lack of knowledge of the psychology of minors of the employees working in the organizations of the neighborhood citizens' assembly;
6. Insufficient life experience of the employees working in the organizations of the community assembly;
7. The problems of education in educational institutions, the role of the family, the insufficient level of citizenship;
8. Lack of sufficient knowledge of moral, ethical and legal knowledge of teachers and educational staff of general education schools.
9. Lack of practical training on child psychology in the training of pedagogic personnel in higher pedagogical education;
10. Failure to rely on religious and historical sources for educational issues and the level of familiarization with the nature of sects' characteristics is not at the required level;
11. The high interest in religious knowledge among young people and the need to build it on a scientific-pedagogical basis;
12. Young people unknowingly accept foreign beliefs as truth;
13. Parents themselves lack of experience in raising children;
14. Parents' indifference to their child's behavior;



15. Parents should not rely on the opinions of our thinkers on the issue of raising children;
16. Parents should not read books written about raising children;
17. The existence of some biased opinions and anecdotes about other religions and other nations left over from the time of the Soviets, and the danger of their decaying the society depending on the national affiliation, becoming an ideological ground for inter-ethnic conflict and separatism.

These, in turn, can directly attract a child from a single-parent family, and as a result, become an obstacle to the national unity of Uzbekistan on the way to a great future, and have a negative effect on the internal moral cohesion of the nation. .

In order to prevent this threat, thoughts about the spiritual ideal in conversations, reading artistic and non-fiction literature, getting acquainted with the works of artists, listening to music, watching movies and TV shows, in direct communication with older people, parents, it is also necessary to form imaginations, concepts, images connected with behavioral motives and incentives. Young people should not be left alone and idle.

National-spiritual upbringing of children in single-parent families is aimed at forming what qualities? What are these qualities based on? What are the ways to raise moral integrity of families and morally sound children?

Everyone should think about ways to eliminate the causes of conflicts in families, and to diligently inculcate positive qualities. That is, the conflicts that can often be encountered in families are as follows:

1. child education;
2. distribution of homework;
3. mother's (father's) health is not good;
4. disagreements between gods;
5. material difficulties;
6. Incompatibility of worldviews;
7. Father's and mother's lack of education in raising children;
8. spouse's jealousy;
9. spouse's sockiness;
10. drunkenness;
11. drug addiction;
12. unfriendliness of the spouse;
13. Inattention to woman (man);
14. inappropriate interference of the bride's parents;
15. rudeness of the bride (groom);
16. not counting with each other;
17. that he is too attached to his parents;
18. that a woman is not mentally ready to start a family;
19. ignorance of women's livelihood;
20. that a woman does not have a culture of dealing;
21. woman's laziness;
22. a woman's lack of gratitude for finding a husband;
23. poor living conditions;



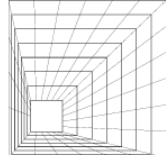
24. childlessness;
25. inability to understand each other's psyche;
26. imbalance in sexual relations;
27. that he is obsessed with his work;
28. because of trifles;
29. appropriation of earned income;
30. as a result of unplanned life;
31. disabled child;
32. the fact that the family is very large;
33. impatience of women;
34. lack of gratitude;
35. excess of mood;
36. lack of guidance;
37. lack of religious knowledge;
38. the strength of a woman's mind;
39. the strength of a man's ego;
40. laziness of men;
41. a man's hope that help will come from God;
42. mother (father) who is unloving to the child.

All these reasons may not exist, if the father and mother put their personal interests second and the child's happiness first, the above problems would not arise.

The family has an incomparable contribution to the formation of the national-spirituality of a person. Because every Uzbek has his parents, grandparents, great-grandparents, etc. by getting to know them well, feelings of being worthy of this family will be formed.

Family as a source of national outlook is of great importance in the formation of national independence ideology in children. In a single-parent family, the example and reputation of the father or mother is the basis of national-spiritual-religious education. It is determined by whether or not the parents are engaged in raising the child. In single-parent families, there are a number of shortcomings in the activities of parents as educators. These are:

- o parents do not fully understand that they are educators, considering themselves to be the caretakers of their children;
- o immoral lifestyle found in families;
- o the difference between the words, advice and practical actions of parents to children;
- o they thank their children for their services, talk to them mainly in a tone of command and judgement;
- o neglecting their children's lives and interests, not devoting time and attention to them;
- o not involving the child of a single-parent family in family chores (especially teenagers suffer greatly from negligence in relation to themselves. As a result, cold relations between parents and teenagers are allowed to appear);
- o not being able to proceed from the educational goal in encouraging and punishing.
- o low level of national culture;
- o inability to form a sense of respect for national and spiritual values, disappointment;
- o promise to the child and not fulfill it;



- o withdrawing from educational cooperation with the school under the pretext of "no time";
- o not to introduce their children to their ancestors, genealogies, etc.
- o not taking into account the child's opinion and choice;

The father's role is crucial in overcoming these disadvantages. Based on what has been observed over the years, there are a number of opinions about education that have become folklore. There are proverbs about the role of the father in the process of raising a child, which invite a person to think. After all, "The father has the path that he paved, the mother has the cloth that he cut", "The one who has the father has the land, the one who has the mother has the cloth", "The father is the pride of the world", "When you see your father, get off the horse" , "It's easy to be a father, it's hard to be a father", "Be kind to your parents", "If you love your son, use it", "The words of fathers become a cry, if you collect them, they become a book" ... The role of mother-woman in the Uzbek family is of special importance. Because "Love for the mother is the bud of love for the country", "The heart of the mother is in the child, the heart of the child is in the field", "If your mother is a stepmother, your father is not yours", "A child is clay , mother is a potter", "A child also says mother, a mother also says mother", "You know the goodness of your mother when you are a patient", etc. k.

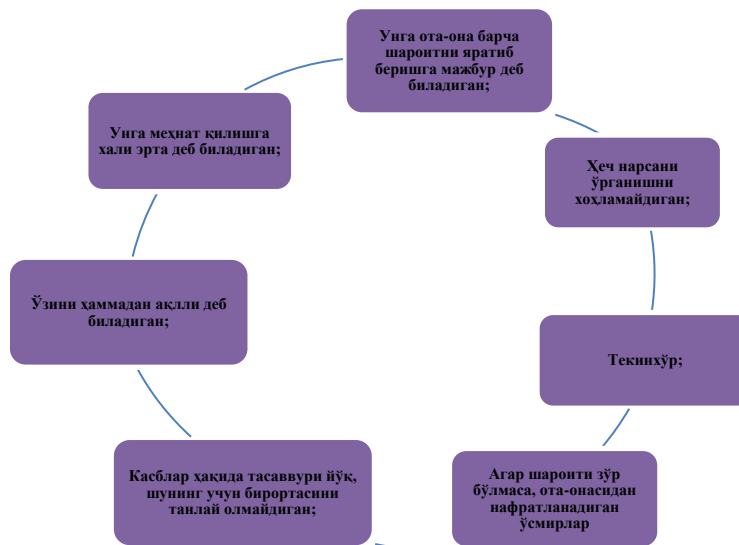
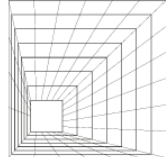
Spiritual ideals are a part of the worldview of children of single-parent families, their formation as a morally stimulating factor requires careful consideration of their young characteristics and mental capabilities. This is a complex and long-lasting process, and as a result of education, life relationships and ideals undergo consistent changes in both content and form.

For children growing up in single-parent families, there is a risk of absolutizing the virtues and qualities of some people. For this reason, it is necessary to prevent them from imitating antisocial behavior, fake, romantic images of violators. Parents should not allow their children to watch movies that they do not know the content of.

Thus, it can be concluded from the above points that children of single-parent families have the following during their adolescence:

- intense physical and sexual development,
- entering into unique new social roles,
- a new system of relationship and communication with adults,
- the need for communication with peers and self-expression,
- independence,
- to be like adults,
- to expand their rights,
- seeking to limit the rights of adults in relation to their person;
- self-assessment;
- weakness of self-control;
- taking into account the presence of features such as emotional arousal, it is necessary to carry out educational activities with them. We believe that it is possible to determine the content of national-spiritual education, taking into account the above-mentioned mental and psychological characteristics.

At this point, it is necessary to divide the children of single-parent families into several groups based on their lifestyle, level of education, outlook, and character:



Because the child of this incomplete family does not have an independent opinion, there is a risk of joining various currents. In addition, he can easily get along with street children and get into criminal ways. In such cases, the child agrees with the children of that street rather than his parents, neighborhood and classmates. As you know, this does not lead to good. We should not lose sight of our children, we should try to find out his interest, find a way to his heart with wisdom, guide him in his field of interest, keep him occupied, these things should be done by parents, local experts, o It requires experience, patience, intelligence and perseverance from the teacher.

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