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# **Historical Trends in the Development of Ecotourism**

### Toshpoʻlatova Mohinur

Master student of Tashkent state university of economics

#### **Abstract**

This article explores the historical evolution of ecotourism, tracing its origins and development from the mid-20th century to its establishment as a significant global phenomenon. Drawing on a comprehensive review of literature, it examines the socio-environmental factors that spurred its emergence, key milestones in its growth, and its transformation into a sustainable tourism model. The study highlights how ecotourism arose as a response to the environmental degradation caused by mass tourism and evolved through innovative practices and policies aimed at balancing ecological preservation with economic benefits. The findings underscore ecotourism's role in fostering environmental awareness and supporting sustainable development, particularly in regions with rich natural heritage.

**Keywords**: ecotourism, historical development, sustainable tourism, environmental degradation, natural resource management.

### Annotatsiya

Ushbu maqola ekoturizmning tarixiy rivojlanishini oʻrganadi, uning kelib chiqishi va 20-asr oʻrtalaridan boshlab global hodisaga aylanishini kuzatadi. Adabiyotlarni keng qamrovli tahliliga asoslanib, u ekoturizmning paydo boʻlishiga turtki bergan ijtimoiy-ekologik omillarni, rivojlanishdagi asosiy bosqichlarni va barqaror turizm modeliga aylanishini koʻrib chiqadi. Tadqiqot ekoturizmning ommaviy turizm tufayli yuzaga kelgan ekologik tanazzulga javob sifatida paydo boʻlganligini va ekologik muhofazani iqtisodiy foyda bilan muvozanatlashga qaratilgan yangi amaliyotlar va siyosatlar orqali rivojlanganligini ta'kidlaydi. Natijalar ekoturizmning ekologik ongni oshirishdagi va barqaror rivojlanishni qoʻllab-quvvatlashdagi rolini, ayniqsa boy tabiiy merosga ega hududlarda koʻrsatadi.

Kalit soʻzlar: ekoturizm, tarixiy rivojlanish, barqaror turizm, ekologik tanazzul, tabiiy resurslarni boshqarish.

#### Аннотация

Данная статья исследует историческую эволюцию экотуризма, прослеживая его происхождение и развитие с середины XX века до становления значимым глобальным явлением. Опираясь на всесторонний обзор литературы, она рассматривает социальноэкологические факторы, способствовавшие его появлению, ключевые этапы его роста и трансформацию в модель устойчивого туризма. Исследование подчеркивает, что экотуризм возник как ответ на деградацию окружающей среды, вызванную массовым развивался благодаря инновационным практикам и политикам, туризмом, и направленным на баланс между сохранением экологии и экономической выгодой. подчеркивают экотуризма экологической Результаты роль В повышении осведомленности и поддержке устойчивого развития, особенно в регионах с богатым природным наследием.

**Ключевые слова:** экотуризм, историческое развитие, устойчивый туризм, экологическая деградация, управление природными ресурсами.

#### Introduction

Ecotourism, a form of tourism focused on experiencing and preserving natural environments, has emerged as a pivotal concept in the global tourism industry over the past century. Unlike traditional tourism, which often prioritizes comfort and mass consumption,



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ecotourism emphasizes sustainable interaction with nature, fostering a deeper appreciation for the environment and local cultures. Its historical development reflects a growing awareness of the environmental consequences of human activity, particularly in the context of recreational pursuits. This article seeks to analyze the historical trends that have shaped ecotourism, from its nascent stages in the mid-20th century to its recognition as a cornerstone of sustainable development by the early 21st century.

The rise of ecotourism can be traced to the increasing environmental pressures exerted by mass tourism during the 20th century. As tourist numbers surged, popular destinations faced significant ecological damage, prompting a shift toward more responsible travel practices. This study aims to address the question: What historical factors and events contributed to the emergence and growth of ecotourism as a distinct form of tourism? By examining its origins, key developments, and global impact, the article provides a comprehensive overview of ecotourism's evolution and its significance in modern society.

#### Methods

This research is based on a qualitative analysis of secondary sources, the methodology involved:

- 1. Content Analysis: Identification of recurring themes, such as environmental degradation, innovative tourism practices, and policy shifts, to construct a narrative of ecotourism's historical trajectory.
- 2. Synthesis: Integration of findings into a cohesive historical account, supported by references to scholarly works cited in the original document, formatted in MLA style.

The analysis focuses on global developments, with specific examples from Uzbekistan and other regions to illustrate broader patterns.

Results

The historical development of ecotourism can be divided into several key phases, each marked by distinct environmental, social, and economic influences:

#### 1. Precursor Period (Pre-1960s)

Before the formal emergence of ecotourism, travel was largely driven by exploration, trade, and cultural exchange. However, by the mid-20th century, the environmental toll of mass tourism became evident. Iconic natural sites, such as national parks in the United States and the Valley of Geysers in Kamchatka, suffered from overuse, leading to habitat destruction and biodiversity loss [Sergeeva 360]. This period laid the groundwork for ecotourism by highlighting the need for sustainable alternatives to conventional tourism.

#### 2. Emergence in the 1960s

The 1960s marked the birth of ecotourism as a response to escalating ecological concerns. During this decade, new forms of nature-focused travel emerged, such as camel treks, wildlife safaris, and guided hikes to remote natural wonders. These activities catered to a growing demographic of travelers who valued environmental stewardship over luxury [Sergeeva 360]. The term "ecotourist" began to describe individuals committed to minimizing their ecological footprint while exploring the natural world.

### 3. Conceptual Development (1970s–1980s)

The 1970s and 1980s saw the formalization of ecotourism as a concept, driven by academic research and policy initiatives. Studies from Western Germany and Switzerland emphasized the need to balance economic gains from tourism with environmental protection [Plyuspina and Ruban 46]. This period also witnessed a sharp decline in recreational resources, with European water routes shrinking by 40% and marine routes by 70% between 1973 and 1983 due to overuse [Babkin 252]. These alarming trends underscored the urgency of adopting sustainable tourism practices.



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### 4. Global Recognition (1990s)

By the 1990s, ecotourism gained international prominence, bolstered by organizations like the World Tourism Organization (WTO). In 1996, the WTO introduced a framework for sustainable tourism, advocating principles such as harmony with nature, ecosystem restoration, and community involvement [Klimova and Yakovleva 151]. In Uzbekistan, following the 1990s, tourism development gained momentum with the support of various international and national organizations, marking the country's emergence as a significant player in the global tourism landscape. After gaining independence in 1991, Uzbekistan began to leverage its rich cultural heritage and natural resources to promote tourism, with organizations such as the United Nations Development Programme (UNDP) and the World Tourism Organization (UNWTO) playing pivotal roles. The UNDP has supported sustainable tourism initiatives, focusing on community-based projects that enhance local economies while preserving cultural and natural assets, particularly in regions like Samarkand and Bukhara. Similarly, the UNWTO has provided technical assistance and policy frameworks to align Uzbekistan's tourism sector with international standards, emphasizing sustainable growth and infrastructure development. 5. Modern Expansion (2000s–Present)

Since the turn of the millennium, ecotourism has solidified its position as a vital component of sustainable development. The WTO projected it as a strategic direction for tourism through 2020, driven by rising public concern for environmental issues [Khrabovchenko 208]. Additionally, the State Committee for Tourism Development, established by the Uzbek government in 1992 and later restructured under President Shavkat Mirziyoyev's administration, has collaborated with international partners to modernize tourism infrastructure, including the reconstruction of Samarkand International Airport in 2022. These efforts reflect Uzbekistan's strategic shift toward tourism as a key economic driver, supported by both global institutions and national policies aimed at enhancing its appeal to international visitors.

#### Discussion

The historical trends in ecotourism's development reveal a dynamic interplay between environmental necessity and human innovation. Its emergence in the 1960s was a direct reaction to the ecological devastation wrought by mass tourism, which degraded landscapes and disrupted ecosystems worldwide. The subsequent decades saw ecotourism evolve from a niche interest into a structured industry, guided by principles of sustainability and education. The formalization of these principles in the 1970s and 1980s, followed by their global adoption in the 1990s, reflects a growing recognition of tourism's potential to serve as both an economic engine and a conservation tool.

The success of ecotourism hinges on its ability to adapt to changing environmental and social conditions. As climate change and urbanization intensify, the demand for ecotourism is likely to grow, driven by a desire to reconnect with nature and mitigate human impact. Future developments may involve greater integration of technology, such as eco-friendly transportation and digital education platforms, to enhance the ecotourism experience while maintaining its core ethos of sustainability.

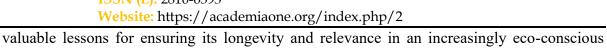
#### Conclusion

Ecotourism's historical journey from an informal response to environmental degradation to a globally recognized model of sustainable tourism underscores its transformative potential. Emerging in the 1960s and gaining momentum through the late 20th century, it has reshaped how societies interact with natural spaces. By fostering environmental consciousness and supporting economic resilience, ecotourism offers a blueprint for balancing human needs with planetary health. As it continues to evolve, its historical trends provide



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